

**Please keep this flyer. You may not feel you need help right now but you may in the weeks to come.**

# Hardingstone Covid-19 Support Group



**Hardingstone - Covid-19  
Support Group**

## Covid-19 (coronavirus)

Current government advice (at the time of writing) is for those with increased risk of severe illness from Covid-19 should stay at home. These include (though are not limited to):

- Aged 70 or older
- Under 70 with underlying health condition such as asthma, COPD, Bronchitis (ie anyone who is instructed to get a flu jab each year on medical grounds)
- Have chronic heart disease or kidney disease
- Have neurological condition such as Parkinson's disease, Motor Nuerone Disease or Multiple sclerosis
- Diabetes
- A weakened immune system as the result of medicines such as steroids or chemotherapy
- Those who are pregnant

For further more up to date information visit the Gov.uk website or keep up to date with the news.

**Hardingstone Covid-19 Support Group and the Hardingstone Parish Council would like to help those who are staying at home for their safety by offering help to collect groceries and medicines.**

Working with:

**Hardingstone Parish Council**  
who are providing the dedicated  
telephone  
**Email: Clerk@**  
**hardingstoneparishcouncil.gov.uk**

If you consider yourself as falling into one of these categories, have no other support to help collect needed day to day items, or feel like you could use the help please call 07561611250 with information on what help you need. There may also come a time when our volunteers may need to stay home and how much we can help could become limited.

# Dedicated helpline number: 07561611250, 9am-12pm, 2pm-4pm

## Details for local information and support:

- Online - websites for Hardington Parish Council: [www.hardingtonparish-council.gov.uk/](http://www.hardingtonparish-council.gov.uk/) and the Church: [www.livingbrookbenefice.blogspot.com](http://www.livingbrookbenefice.blogspot.com)
- Online - Facebook sites 'Hardington - Covid-19 support group' and 'What's on in Hardington'
- If there is no other support, a dedicated mobile phone number has been set up, which is: 07561611250
- Updates will be posted on the parish council noticeboards around the village

## Volunteers:

We are aware that at this time there are lots of people who are using this opportunity to scam people on the phone, online and at your door. Please do not accept offers of help from anyone you don't know. Our volunteers will only call on you if you have requested our help. All volunteers with the support group will be vetted and safeguarding can be assured.

If you are young fit and healthy and would like to be part of the scheme of helpers please also call 07561611250 advising where you live and we may be able to put you in touch with those who need help in your street.

## Londis Store:

Londis store will be open for local regular residents only from 9-12. Other shops are available if you can drive. Viren will be open earlier sorting stock if people knock on the door for their papers.

Otherwise, he will be making up orders, for the **local housebound only** that can be collected or delivered. To use this service, please call the dedicated phone number. Payment will be explained when you place an order.

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